

Simple steps on how to apply a Denture Adhesive



1 USE A SMALL AMOUNT OF DENTURE ADHESIVE

Once a day: Put a small amount of denture adhesive onto a clean and dry denture



2 PUT DENTURE INTO YOUR MOUTH

Put the denture into your mouth and close firmly for a few seconds



3 LEAVE YOUR DENTURES OUT AT NIGHT

Every evening, clean the denture and the inside of your mouth thoroughly to remove any adhesive



4 VISIT YOUR DENTIST REGULARLY

Ensures your mouth remains healthy

An easy routine to help aid your denture experience

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